



BETWEEN FOG & LIGHT

Issue One

Stephen Paul Young Photography

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These photographs were made during repeated early morning walks across the Hampshire countryside, often before sunrise and usually in uncertain weather.

Mist changes how the landscape is experienced.

Distance softens. Familiar places become less fixed. Attention shifts away from detail and toward atmosphere, silence, and light.

The work collected here was created slowly over time through returning to the same ground under changing conditions — waiting for those brief moments where fog and first light quietly reshape the landscape.

Between Fog & Light is not intended as documentation alone, but as a reflection on observation, repetition, and the temporary nature of atmosphere itself.

Between Fog & Light is a collection of photographs made in the early hours, when the countryside has not yet decided what it is.

These images were made across North Hampshire, during repeated walks into mist, silence, and first light.

They are not about spectacle.

They are about condition.

The brief moment where land, weather, and perception overlap.



There is a particular kind of morning where the world feels unfinished.

Not empty — just unformed.

Mist holds everything at a distance, softening edges, reducing certainty.

Photography becomes less about taking and more about noticing.



Dawn mist changes the way distance behaves.

Fields become uncertain shapes.

Trees lose definition and become presence rather than detail.

You stop reading the landscape and start feeling it instead.



Mist drifting along ancient field boundaries.



Fog removes distraction.

What remains is tone.

Light becomes quieter.



These walks begin before sunrise, when the ground is still cold and the air carries weight.

There is no urgency.

You wait more than you search.

And in that waiting, the landscape reveals itself slowly.



Distance disappears first.

Then detail.

Then certainty.



The countryside here does not perform.

Its quietness is its strength.

The work is an attempt to observe that quiet without interrupting it.



Some mornings give nothing at all.

Flat light.

No depth.

No separation.

And then everything changes.



Photographing mist requires attention to relationships rather than subjects.

Between light and land.

Distance and clarity.

Presence and absence.

These shift constantly.



The landscape is always becoming something else.

Never fixed.

Never finished.



There is a moment just after sunrise when fog begins to thin.

Not suddenly.

Gradually.

The world returns in fragments.



Mist does not disappear.

It changes shape.



Returning to the same places changes how they are seen.

Familiar paths become layers of weather and memory.

What matters is not location, but condition.

The same field becomes many different places depending on the morning.



The walk is the work.



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Photographs and text by Stephen Paul Young

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North Hampshire Field Studies

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